



Bike and Kayak Safari

Six nights ex Johannesburg

*Experience excellent trail riding through remote Africa,
then refresh and relax on Lake Malawi's best tropical island!*

Malawians are a nation of bikers – their humble one-gear bikes serve as personal transport, freight-carriers and “the family car”. Footpaths, back roads and bike trails criss-cross the rural landscape, presenting the intrepid mountain-biker with unbeatable access to a safe yet very real piece of Africa and its people.

The biking route meanders across the Central African Plateau before dropping down into the Great Rift Valley. Almost all the riding is off-tarmac; cars are virtually non-existent on the chosen route, distances are challenging but reasonable, and no technical expertise is required.

The bike ride ends on the beach at Cape Maclear. Here you leave the dust and bustle of mainland Africa behind as you embark for the Kayak Africa camp on Mumbo Island. On Mumbo Island barefoot luxury is the theme – there is everything you need and nothing that you don't. The camp is built using only reeds, timber, thatch and canvas and the emphasis is on the beauty provided by Mother Nature. For the sporty there is sea kayaking, snorkeling, swimming, SCUBA diving or walks through the stunning island forest. Or simply flop into a shady hammock and just “time-out”.

Key Features

- ♥ Kayak Africa's bike-kayak safaris are fully-supported and catered – participants focus on the riding and kayaking, while a trusty support vehicle/boat follows behind with camping gear, cold drinks, food and chef on board.
- ♥ These trips are suitable for any active person in good health. Participants need not be super-fit or experienced mountain bikers or kayakers, but some fitness always enhances one's appreciation of the experience. The route does not require any technical mountain biking or kayaking expertise.



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Detailed itinerary

Day	Item	Route / Establishment	Basis / Details
1	Flight	Johannesburg - Lilongwe on SAA	2 hours, expected departure 10h00
1	Road transfer	Airport - hotel	30 minutes
1	Bike preparation	At the hotel	Responsibility of the participants
1	Hotel	Lilongwe Hotel	Dinner, bed and breakfast
2	Road transfer	Hotel - biking start point	30 minutes
2	Bike 1	Lilongwe - Nkhoma Mission (43km)	Fully supported
2	Camp 1	Nkhoma Mission	Fully catered
3	Bike 2	Nkhoma Mission - Dedza (53km)	Fully supported
3	Camp 2	Dedza Pottery	Fully catered
4	Bike 3	Dedza Pottery - Mua Mission (53km)	Fully supported
4	Camp 3	Mua Mission	Fully catered
5	Bike 4	Mua Mission - Cape Maclear (85km)	Fully supported
5	Kayak (or boat transfer)	Reception - Mumbo Island (10km)	Fully supported
5	Island Camp	Mumbo Island	Full board and activities
6	Island Camp	Mumbo Island	Full board and activities
7	Boat transfer	Mumbo Island to reception	Departs Mumbo Island 06h30
7	Road transfer	Cape Maclear - Lilongwe	3.5 hours
7	Flight	Lilongwe - Johannesburg on SAA	2 hours, expected arrival 15h30



Notes:

- Prices are available for singles and teens.
- Price includes: airfares ex Johannesburg (including all taxes), all road and boat transfers and vehicle/boat support, all accommodation, all meals, all kayaking and snorkelling activity and equipment, all National Park fees and taxes.
- Price excludes bicycles - participants must provide their own bikes.
- Price excludes: all items on the Personal Gear List, bar drinks, SCUBA diving, sailing, wellness treatments, travel insurance, and visa fees (no visa needed for RSA residents).
- Duration: six nights.
- Level of difficulty: moderate (biking fitness or experience required; vehicle support is available for those unable or unwilling to ride further).
- Group size: four to ten people; individual travellers welcome.
- Options: add on connecting flights from other departure points; get yourself there; add or remove nights; add other destinations in Malawi; spend some time on Domwe Island; add some SCUBA diving.
- Departure dates: any day of the week.
- Departure point: OR Tambo International Airport, Johannesburg.
- Finish point: OR Tambo International Airport, Johannesburg.
- Terms and conditions apply and we reserve the right to adjust prices if necessary.

